



# 2024

## CONSULT|CPD

FOR PSYCHOLOGISTS

## CONSULTCPD 2024 GENERAL PSYCHOLOGY READING LIST MODULE 1

1. Lammers, M. W., Vroling, M. S., Crosby, R. D., & van Strien, T. (2022). Dialectical behavior therapy compared to cognitive behavior therapy in binge-eating disorder: An effectiveness study with 6-month follow-up. *International Journal of Eating Disorders, 55*(7), 902-913.
2. Gerke, L., Meyrose, A. K., & Nestoriuc, Y. (2023). Informed consent for psychotherapy: Ethical illusion or clinical reality? A survey about psychotherapists' attitudes and practices in Germany. *Clinical Psychology & Psychotherapy, 30*(1), 166-178. **(Ethics)**
3. Nagel, M. G., Marcus, D. K., & Zeigler-Hill, V. (2023). Bipolar disorders and narcissism: Diagnostic concerns, conceptual commonalities and potential antecedents. *Clinical Psychology & Psychotherapy, 30*(2), 235-249.
4. Boshomane, T. T., Pillay, B. J., & Meyer, A. (2020). Attention-deficit/hyperactivity disorder and behavioural planning deficiencies in South African primary school children. *South African Journal of Psychiatry, 26*
5. Brooks, A. B., Baumann, A. W., Huber, D., Rabung, S., & Andreas, S. (2023). Banter in psychotherapy: Relationship to treatment type, therapeutic alliance, and therapy outcome. *Journal of Clinical Psychology, 79*(5), 1328-1341
6. Richter, L. M., Ahun, M. N., Besharati, S., Naicker, S. N., & Ori, M. (2021). Adolescent mental health problems and adult human capital: findings from the South African Birth to Twenty Plus Cohort at 28 years of age. *Journal of Adolescent Health, 69*(5), 782-789.
7. Peddie, N., Snowden, A., & Westbury, T. (2022). Active living becomes achievable (ALBA): an evaluation of the effectiveness of a behaviour change intervention at promoting physical activity for improved mental wellbeing. *Journal of Psychosocial Rehabilitation and Mental Health, 9*(2), 135-148.
8. Ricou, M. B., Silva, A. N., Neto, D. D., & Marina, S. (2023). Ethical principles in psychotherapy within a broad psychological and medical deontological framework: An international comparison. *Quaderns de Psicologia, 25*(2), 1. **(Ethics)**
9. Myburgh, N., Loxton, H., & Engels, R. C. (2021). Cross-cultural adaptation of an anxiety measure in a disadvantaged South African community context: Methodological processes and findings. *Transcultural Psychiatry, 58*(6), 759-771.
10. Peeters, N., van Passel, B., & Krans, J. (2022). The effectiveness of schema therapy for patients with anxiety disorders, OCD, or PTSD: A systematic review and research agenda. *British Journal of Clinical Psychology, 61*(3), 579-597