



GENERAL PSYCHOLOGY READING LIST | MODULE 1

1. Wang, H., Li, X., Lok, G. K. I., Meng, C., Tan, Y., Lee, U. M., ... & Chan, N. (2024). Family based therapy for internet addiction among adolescents and young adults: A metaanalysis. *Journal of Behavioral Addictions*, 13(2), 295-312. <https://doi.org/10.1556/2006.2024.00015>
2. Zafar, F., Alam, L. F., Vivas, R. R., Wang, J., Whei, S. J., Mehmood, S., ... & Nazir, Z. (2024). The role of artificial intelligence in identifying depression and anxiety: a comprehensive literature review. *Cureus*, 16(3), e56472. <https://doi.org/10.7759/cureus.56472>
3. White, E., & Hanley, T. (2023). Therapist+ social media= mental health influencer? Considering the research focusing upon key ethical issues around the use of social media by therapists. *Counselling and Psychotherapy Research*, 23(1), 1-5. <https://doi.org/10.1002/capr.12577> (Ethics)
4. Hulsbosch, A. K., Van der Oord, S., & Tripp, G. (2025). Academic achievement in children with ADHD: the role of processing speed and working memory. *Research on Child and Adolescent Psychopathology*, 53(10), 1469-1484. <https://doi.org/10.1007/s10802-025-01346-6>
5. Gahnfelt, H., Weineland, S., Carlsson, P. F., & Blomdahl, C. (2025). 8-day intensive treatment programme for PTSD and complex PTSD vs treatment as usual: a clinical trial. *European Journal of Psychotraumatology*, 16(1), 2553422. <https://doi.org/10.1080/20008066.2025.2553422>
6. Rizzi, E., Weijers, J. G., Kate, C. T., & Selten, J. P. (2024). Mentalization based treatment for a broad range of personality disorders: a naturalistic study. *BMC psychiatry*, 24(1), 429. <https://doi.org/10.1186/s12888-024-05865-2>
7. Keung, W. M., & So, T. Y. (2025). Attitudes towards AI counseling: The existence of perceptual fear in affecting perceived chatbot support quality. *Frontiers in Psychology*, 16, 1538387. <https://doi.org/10.3389/fpsyg.2025.1538387>
8. Fiorentino, F., Gualco, I., Carcione, A., Lingiardi, V., & Tanzilli, A. (2024). Exploring the outcomes of psychotherapy sessions: how do therapists' responsiveness and emotional responses to patients with personality disorders affect the depth of elaboration?. *Frontiers in Psychology*, 15, 1390754. <https://doi.org/10.3389/fpsyg.2024.1390754>
9. Laher, S. (2024). Advancing an agenda for psychological assessment in South Africa. *South African Journal of Psychology*, 54(4), 515-530. <https://doi.org/10.1177/00812463241268528>
10. Kaczmarek, A., Żok, A., & Baum, E. (2025). Ethical principles across countries: does 'ethical' mean the same everywhere?. *Frontiers in Public Health*, 13, 1579778 <https://doi.org/10.3389/fpubh.2025.1579778> (Ethics)
11. Kafka, J. X., Kothgassner, O. D., & Felnhöfer, A. (2024). A matter of trust: confidentiality in therapeutic relationships during psychological and medical treatment in children and adolescents with mental disorders. *Journal of Clinical Medicine*, 13(6), 1752. <https://doi.org/10.3390/jcm13061752>