



2022

CONSULT|CPD  
FOR PSYCHOLOGISTS

CONSULT | CPD 2022  
GENERAL PSYCHOLOGY READING LIST  
MODULE 1

1. **Johnson, C. C., & Aldea, M. A. (2021).** Ethical Considerations for Telepsychotherapy and the Management of High-Risk Patients During Coronavirus 2019 (COVID-19): Challenges and Practice Considerations.  
*Ethics & Behavior*, 31(3), 193-204. (Ethics)
2. **Nguse, S., & Wassenaar, D. (2021).** Mental health and COVID-19 in South Africa.  
*South African Journal of Psychology*, 00812463211001543.
3. **McBeath, A. G., Du Plock, S., & Bager & Charleson, S. (2020).** The challenges and experiences of psychotherapists working remotely during the coronavirus\* pandemic.  
*Counselling and Psychotherapy Research*, 20(3), 394-405.
4. **Hendricks, S., Cartwright, D. J., & Cowden, R. G. (2021).** Clinical supervision in South Africa: Perceptions of supervision training, practices, and professional competencies.  
*South African Journal of Science*, 117(3-4), 1-9.
5. **Reilly, E. E., Orloff, N. C., Luo, T., Berner, L. A., Brown, T. A., Claudat, K., & Anderson, L. K. (2020).** Dialectical behavioral therapy for the treatment of adolescent eating disorders: a review of existing work and proposed future directions.  
*Eating disorders*, 28(2), 122-141.
6. **Luigi-Hernández, J. G., & Rivera-Amador, A. I. (2020).** Reconceptualizing social distancing: Teletherapy and social inequality during the COVID-19 and loneliness pandemics.  
*Journal of Humanistic Psychology*, 60(5), 626-638.
7. **Mkhwanazi, S., & Gibbs, A. (2021).** Risk factors for generalized anxiety disorder among young women and men in informal settlements in South Africa: A cross-sectional study.  
*SSM-Mental Health*, 1, 100010.
8. **Bierbooms, J. J., van Haaren, M., IJsselsteijn, W. A., de Kort, Y. A., Feijt, M., & Bongers, I. M. (2020).** Integration of online treatment into the "new normal" in mental health care in post- COVID-19 times: Exploratory qualitative study.  
*JMIR Formative research*, 4(10), e21344.
9. **Tugendrajch, S. K., Sheerin, K. M., Andrews, J. H., Reimers, R., Marriott, B. R., Cho, E., & Hawley, K. M. (2021).** What is the evidence for supervision best practices?  
*The Clinical Supervisor*, 40(1), 68-87.
10. **Simionato, G., Simpson, S., & Reid, C. (2019).** Burnout as an ethical issue in psychotherapy.  
*Psychotherapy*, 56(4), 470. (Ethics)